



## ***College Study Tours***

# **History of Psychology in Europe**

Program designed by Dr. Chris Lovelace | 8 days | May 2019





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# History of Psychology in Europe

### Included on tour



Round-trip flights on major carriers; Full-time Tour Director;  
Air-conditioned motorcoaches and internal transportation;  
Superior tourist-class hotels with private bathrooms; Breakfast  
daily.

#### Sightseeing:

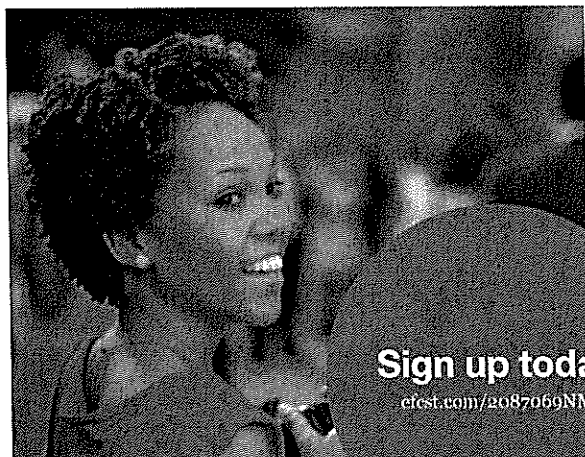
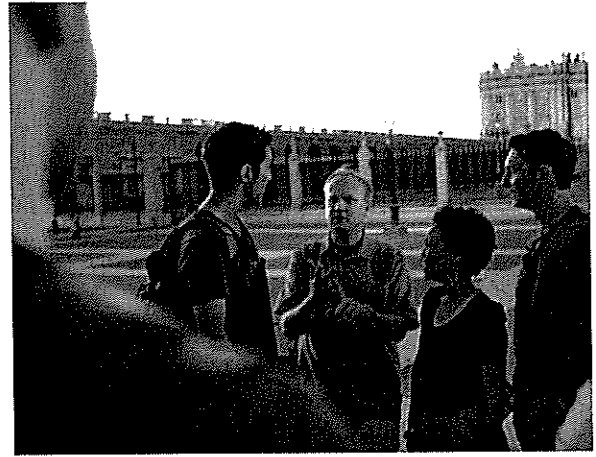
London  
Kent  
Paris

#### Entrances:

Freud Museum, London  
Wellcome Collection  
Jack the Ripper tour  
Down House, Kent  
Bethlem Royal Hospital Archives and Museum  
Dupuytren Museum  
Notre Dame Cathedral  
Louvre  
Museum of the History of Medicine, Paris  
Sacre Coeur

#### Overnight stays:

London, (3)  
Paris, (3)



**Sign up today**

[efcst.com/2087069NM](http://efcst.com/2087069NM)

## Your itinerary

### Day 1: Fly to England

Board your overnight flight to London!

### Day 2: London

#### Arrive in London

Ranging from the North Sea in the east to the playing fields of Eton in the west, London covers an area of some 620 square miles and is home to over 8 million people. Prepare to observe the stunning architecture, vibrant street life and royal majesty of this bustling metropolis.

#### Walking tour of London

Stroll through the heart of London on your Tour Director-led walking tour, which begins along the banks of the River Thames. As you walk along the ancient embankment, note that these shadowy waters gave the city its name, which derives from Llyn-Dyn, Celtic for "city of the lake." Walk along the Strand and see the spot from which all distances to London are measured. Enter Trafalgar Square, where you're sure to meet the world's most famous pigeons, and pause at Nelson's column, a symbol of Britain's once unrivaled naval power. Continue on to Leicester Square and end your walk at chic Covent Garden, where street performers (or "buskers") amuse the lively crowds. *(The exact walking route may vary, depending on your hotel location and the day's other activities.)*

#### Fish and chips dinner

Tonight you will dine on one of England's most famous meals. Originally made popular in the 19th century by Dickens' reference to a "fried fish warehouse" in *Oliver Twist*, the first fish and chips dinners were served with bread and butter and a cup of tea, all for just nine pence.

Overnight in London

### Day 3: London

#### Guided sightseeing of London

A local guide leads you on a panoramic tour of London. Begin in Grosvenor Square; site of the U.S. embassy and the house where Eisenhower once lived, this area is sometimes called "Little America." Continue to Hyde Park Corner, located at the southeast corner of Hyde Park, one of London's largest parks. At bustling Piccadilly Circus, the intersection of five busy streets, check out the bright lights and big city displays, before heading to Trafalgar Square, site of Nelson's Column, built to commemorate his 1805 victory in the Battle of Trafalgar. Pass Speaker's Corner, where anyone with something to say is invited to speak his or her mind. Snap a photo of the Houses of Parliament and continue along London's South Bank for views of the famous Tower of London and London Bridge. View St. Paul's Cathedral, the magnificent 17th-century Baroque church designed by Sir Christopher Wren. Finally, witness a London tradition: the Changing of the Guard. *(Subject to scheduling)*

#### Visit the Freud Museum

This afternoon you will visit the home where Sigmund Freud and his family lived after escaping Austria in 1938. His youngest daughter, Anna Freud, lived in the home for 44 years until her death in 1982.

#### Visit the Wellcome Collection

Explore the intersections between medicine, art and everyday life as you visit the Wellcome Collection.

#### Jack the Ripper walking tour

Responsible for several bloody murders in the late 1880s, Jack the Ripper remains a source of great controversy. As you retrace the steps and witness the sites of the murders, imagine a London with dark, narrow, over-populated streets, shrouded in fog and racked by poverty. Your 'Ripperologist' brings this era to life, mixing suspicion and fact with an array of chilling stories and gory detail.

Overnight in London

### Day 4: London

#### Excursion to the Down House

Head just southeast of London to the gorgeous countryside of Kent, and you'll find the quaint charm of Charles Darwin's house awaiting you there. It was in this humble abode where Darwin conceived of natural selection and evolution, and today the grounds are yours to explore.

#### Guided tour of the Down House Garden

While Darwin did most of his writing in the study, the complex ideas he is most famous for often occurred in this carefully constructed garden. Take a walk down the "thinking path" he carved out and named the Sandwalk Wood. Darwin even had a gravel path built along the Sandwalk so that he could kick stones to distract his busy thoughts as he paced up and down it each day.

#### Visit the Bethlem Royal Hospital Archives and Museum

Travel to Beckenham and discover the first institution for mental health in the history of Europe. Follow its humble beginnings in 1247 all the way to the present, where a peek into the archives and a stroll through the museum will reveal a celebration of artistic expression from Bethlem's most recent patients.

Overnight in London

## Day 5: London | Paris

### Travel by train to Paris

In London, board the high-speed Eurostar, an 18-car train that runs through the tunnel connecting continental Europe with Britain. Completed in May of 1994, the Channel Tunnel provides travelers with easy access to and from the continent. Enjoy state-of-the-art technology as you are whisked under the English Channel to France.

### Arrive in Paris

Welcome to Paris, cosmopolitan City of Light. Over the centuries, Paris has grown to become the undisputed center of France, and one of the world's most important cities both culturally and politically. Equally famed for its high fashion, awe-inspiring museums and elegant cuisine, Paris has also been a center of theater, literature and philosophy throughout the ages.

### Visit the Dupuytren Museum

Enter the strange and wonderful halls of Musée Dupuytren, one of the world's last true cabinets of medical curiosities. Opened in 1835 for scientists to study anatomical specimens with unknown diseases and malformations, the museum houses an array of natural objects that you simply cannot find anywhere else.

### Visit Notre Dame Cathedral

Built between 1163 and 1361 over the remains of an ancient Roman temple, it was here that Napoleon crowned himself emperor in 1804. Victor Hugo once described the sculptured façade of Notre Dame as "a vast symphony in stone." However, had it not been for the creation of his famous hunchback, Quasimodo, the cathedral might never have returned to its former glory. Hugo's novel *The Hunchback of Notre Dame* helped inspire a 23-year restoration of the cathedral that began in 1841. Step inside to admire the stained-glass rose window and seemingly weightless vaulted ceilings.

### Dinner is included this evening.

Overnight in Paris

## Day 6: Paris

### Guided sightseeing of Paris

Discover the city on the Seine during your bus tour. Learn about Paris' origins as a Roman settlement as you pass through the Île de la Cité, where you will also see Notre Dame Cathedral. Pass by the imposing Arc de Triomphe, and the Place de la Concorde, dedicated to King Louis XV and the site where Louis XVI and Marie Antoinette were executed during the French Revolution. Continue down the elegant Champs-Élysées to the École Militaire, where a promising young Napoleon launched his rise to power. Then, head through the Latin Quarter where you will see the world-renowned Sorbonne University. Drive along the Seine for wonderful views of the Musée D'Orsay, the Louvre, and the Pont de Neuf, or "new bridge," which is ironically Paris' oldest. Finally, make a photo stop at the iconic Eiffel Tower, built for the 1889 World's Fair. Learn why this impressive, yet controversial symbol of Paris was spared the wrecking ball in 1909.

### Visit the Louvre Museum

The Palais du Louvre, built to defend the city in the 13th century, now safeguards one of the world's greatest art collections. Enter the museum through world-renowned architect I.M. Pei's 1989 modernist glass pyramid. Inside, discover priceless antiquities from Egypt, Greece, Italy and Asia such as the statues of *Venus de Milo* and *Nike of Samothrace*, better known as *Winged Victory*. You'll also see some of the Louvre's most prized paintings by Renaissance and European masters, including Leonardo da Vinci's painting of the mysterious *Mona Lisa*.

### Free time in Paris

Enjoy time for your own explorations of Paris. You might wish to visit the Musée d'Orsay, the Rodin Museum, or the futuristic exhibits of the Centre Pompidou. Alternatively, take a stroll through the Latin Quarter or take part in the timeless Parisian tradition of people-watching over a cup of café au lait at a sidewalk café. Last but not least, for the fashion conscious traveler, a visit to the Rue du Faubourg Saint Honoré is a must and don't forget to drop by and explore the famous Galeries Lafayette which have made fashion come alive for more than a century.

Overnight in Paris

## Day 7: Paris

### **Free time in Paris**

Enjoy time to explore Paris this morning at your leisure.

### **Visit the Museum of the History of Medicine**

Discover rare medical and surgical tools at the museum which has been housed inside of Paris Descartes University since 1905.

### **Walking tour of Montmartre and Sacré-Coeur**

Visit the spectacular Sacré-Coeur, a Catholic basilica built atop the Montmartre hill. From here enjoy some of the most breathtaking views of the City of Light before heading to the cafés and shops that line the small and quaint streets. Relax at the Place du Tertre and watch talented artists at work or choose to have your own portrait done. Montmartre was once home to many struggling artists, including Picasso, Monet, and Renoir.

### **Farewell dinner in Montmartre**

Toast to creativity through the ages during dinner.

Overnight in Paris

## Day 8: Depart for home

### **Transfer to the airport for your return flight**

Your Tour Director assists with your transfer to the airport, where you'll check in for your return flight home.

Itinerary is subject to change

**For complete financial and registration details, please refer to the Booking Conditions at [www.efcst.com/bc](http://www.efcst.com/bc).**