

# **TENTATIVE DRAFT**

**SHEPHERD UNIVERSITY**

**Department of Nursing Education**

**Bachelor of Science in Nursing Program**

**SYLLABUS**

**STNURS 399**

**International Nursing – Study Abroad - Jamaica**

**SPRING 2016**

**SHEPHERD UNIVERSITY**  
**Department of Nursing Education**  
**STNURS 399 International Nursing – Study Abroad – Jamaica**

<b>Credit Hours:</b>	3 credits; 45 clock hours
<b>Placement:</b>	1 <sup>st</sup> semester nursing student
<b>Prerequisite:</b>	Completed or enrolled in a nursing program
<b>Faculty:</b>	Dr. Mary Coyle, Ph.D. R.N., APCNS-BC
<b>Office Hours:</b>	Monday and Wednesday 1:00pm – 3:00pm or by appointment
<b>Office Location</b>	202 Erma Ora Byrd Hall
<b>Contact Information</b>	E-mail: mcoyle@shepherd.edu E-mail: smailey@shepherd.edu Phone: 304-867- 5341

**Course Description:** This study abroad clinical experience is designed to give students the opportunity to enhance their global awareness and to broaden their perspective in their professional practice of nursing. Students will experience international nursing and learn about transcultural nursing in another country. This clinical experience will give students the opportunity to understand how culture impacts wellness and healthcare, visit a Jamaican school of nursing, meet international nursing students and learn about the delivery of healthcare in Jamaica through clinical observation experiences.

**Intended Student Outcomes:** Upon completion of this course, the student will demonstrate the following intended student outcomes:

**COMMUNICATION – the integration of effective culturally sensitive, interprofessional and intraprofessional communication among the healthcare team and the use of informatics in the practice of professional nursing.**

**Teamwork and Collaboration** – Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care.

1.	Describe the influence of culture on a person's health values and health promotion activities.
2.	Discuss principles of effective communication within the context of cultural differences.
3.	Explore ethical and legal implications of the nurse-patient relationship that may arise in different cultural context.
4.	Solicit input from other team members to improve individual, as well as team, performance.
5.	Appreciate the changing image of cultural reality at the global crossroad.
6.	Describe the Ministry of Health that oversees the health-care system and their

	relationship with the Pan American Health Organization and the Red Cross.
7.	Demonstrate a working ability to use reflective problem solving skills and critical thinking skills as he/she participates in clinical experiences in a multicultural settings.
8.	Discuss why your being culturally competent has relevance to your practice of nursing and your professional role.

**CLINICAL JUDGMENT – the use of critical thinking skills in the practice of professional nursing.**

**Evidence-based practice** – Integrates best evidence with clinical experience and patient preferences and values for delivery of optimal health care.

1.	Explore trans-cultural nursing care using Leininger's Sunrise Model of trans-cultural nursing.
2.	Identify a nursing research question to further the practice of trans-cultural caring inquiry.
3.	Develop a health teaching plan for a group of multicultural Jamaican school children.

**Quality Improvement** – Use data to monitor the patient status and recognize deviations from the normal patient assessment.

1.	Identify the prevailing health indices and resources available to address the health needs of the population.
2.	Identify social structural characteristics, which symbolize categories of social information of the person in communal, social, organizational, and global contexts.
3.	Describe theology, spirituality, and religion in the cultural context of health and nursing care for the Jamaican population.
4.	Describe the basic political/legal, technological, economic, social/kinship, intellectual, spiritual/religious/philosophical, cultural values, and educational components of life on the island of Jamaica.
5.	Correlate health care in Jamaica with the care provided in the United States.

**Safety** – Minimize risks of harm to patients and providers through both system effectiveness and individual performance.

1.	Compare effective safety strategies when caring for the individual, family, and community to risk of harm to self and others.
2.	

**PATIENT-CENTERED CARE – Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient's preference, values, and needs.**

1.	Describe trans-cultural caring ethics for the Jamaican population.
2.	Discuss through reflective journals, the Jamaican family's health experience.
3.	Discuss how you would provide culturally competent care to individuals in your selected culture.
4.	Discuss the impact of culture on illness for this population
5.	Differentiate cultural issues with evidence-based practice when caring for individuals, families, groups, and communities.
6.	Identify a clinical nursing issue and compare practices across cultures.

**PROFESSIONALISM – Based on the ANA Standards of Practice, ANA Code of Ethics, WVBOERN regulations, and the Shepherd University Department of Nursing Education Handbook.**

1.	Maintain professional behavior and appearance.
2.	Accept responsibility for one's own actions and attitudes.
3.	Demonstrate the ability to develop and maintain therapeutic (respectful, sensitive, non-judgmental) and appropriate boundaries.
4.	Demonstrate personal and professional ethics, honesty, and integrity.
5.	Maintain a positive attitude with interactions among the intra-professional and inter-professional team, peers, and faculty.
6.	Participate in all class activities and is prepared for assignments.
7.	Engage in self-evaluation and assumes responsibility for learning.
8.	Analyze the similarities and differences seen in Jamaican nursing education and BSN education at Shepherd University.

**Shepherd University LEAP Competencies**

This course addresses the following LEAP competencies: Critical Thinking, Creative Thinking, Oral Communication, Written Communication, Quantitative Literacy, Information Literacy, Collaboration/Teamwork, Problem Solving, Lifelong Learning, Civic Knowledge and Engagement, Global Understanding and Respect, Multiculturalism and Diversity, Ethical Practice and Ethical Reasoning, Experiential Learning, and Wellness. (For definitions of the above competencies please link to the following: <http://www.shepherd.edu/ctl/teachingtools.html>)

**Method of Instruction**

Experiential  
Observational  
Lecture/discussion  
Guided and independent individual and group learning activities  
Audiovisual media  
Written assignments

**Grading**

93-100	A
86-92.9	B
78-85.9	C
70-77.9	D
69.9-Below	F

At the end of the semester, fractional points will not be rounded to the nearest full point.

A letter grade of "C" or 78% is required to pass.

## **Evaluation by Student**

Evaluation of Teaching/Theory Course

### **Academic Dishonesty**

Each student acknowledges that the submission of any product, whether graded or not, represents his or her individual work, unless given permission to work collaboratively with other students. Academic dishonesty (e.g., plagiarism, cheating, falsifying records, etc.) will result in academic action as outlined in the Shepherd University Student Handbook.

### **Course Policies**

#### *Attendance*

You are encouraged to attend all classes, and active participation in class discussions will be evaluated as part of your grade. If you must miss a class because of illness or other emergency, please notify the instructor in advance by phone or e-mail.

#### *Assignments*

All papers are to be prepared according to APA Style Manual 6<sup>th</sup> edition.

For assignments that must be submitted as e-mail attachments, please use virus protection software to scan your files (and, if necessary, clean them) before submitting them. Any student who sends an infected e-mail attachment will receive a score of zero for that assignment.

#### *Cancellation of Class*

In the event of a weather emergency or other disaster, please check the Shepherd University web site to determine if the University is open or if classes have been cancelled.

If you live at a great distance from the campus and the weather conditions are deemed unfavorable in your area, please make your own decision about whether it is safe to travel to campus. If you decide not to attend class because of weather conditions, please notify your instructor by phone or e-mail.

### **Required Textbooks**

- 1) Student to choose a book on Jamaica to read with approval from faculty.

Examples:

Evans, H. L. (2001) *Inside Jamaican Schools*. Barbados, Jamaica & Trinidad & Tobago, University of the West Indies Press.

Monteith, K. and Richards, G. (2002). *Jamaica in Slavery and Freedom: History, Heritage and Culture*. Kingston, University of the West Indies: Kingston Press.

Sherlock, P. M. and Bennett, H. (1998). *The Story of the Jamaican People*. Kingston Ian Randle Publishers, Princeton & Creative Production and Training Centre Ltd: Kingston, Jamaica.

2) Student to choose an article on Leininger's Model of Cultural Caring to read with approval from faculty.

Examples:

Leininger, M. M., & McFarland, M. R. Madeleine (2010). Leininger's theory of culture care Diversity and Universality. In Parker, M. E., & Smith, M. C. (Eds.), *Nursing Theories & Nursing Practice* (3<sup>rd</sup> ed.), pp. 317-336. Philadelphia: F. A. Davis.

Leininger, M. M. (1988). Leininger's theory of nursing: Cultural care diversity and universality. *Nursing Science Quarterly*, 1:4, pp.152-160. doi: 10.1177/089431848800100408

Leininger, M. (2002). Culture Care Theory: A major contribution to advance transcultural nursing knowledge and practices. *Journal of Transcultural Nursing*, 13:189, pp. 189-192. doi: 10.1177/10459602013003005 Retrieved from: <http://tcn.sagepub.com/content/13/3/189.full.pdf>

### **Assessment of Student Learning**

The Department of Nursing Education participates in the Shepherd University Program of Assessment of Student Learning in order to monitor how students are meeting educational goals in the interest of promoting an atmosphere of learning and ongoing enhancement of academic programs. Shepherd University requires student participation in assessment tests and surveys, both departmentally and when selected to participate in campus-wide assessment. Failure to participate can result in administrative action including withholding of grades and/or restriction from registration until the requirements are met.

In this course the following assessment activities are required: None

**Tentative Schedule:** (Subject to change based on the Schedule of Classes in Mandeville and surrounding area, availability of lodging, costs and other possible factors).

There will be at least three seminar meetings held during Jan. - March to prepare for Jamaica prior to our departure. This does not include the major fundraising event “Jamaica Dinner”. The meetings will be announced and every effort will be made to accommodate schedules such that everyone is available to attend. Students will complete all assignments within three weeks after returning to the United States. This is a tentative schedule and it is subject to change if needed.

- |                |  |
|----------------|--|
| March 09, 2016 | <p>Leave Shepherdstown at _____ am (KEWL Transportation to BWI, <b>Baltimore</b> (Specific parking for leaving cars will be discussed.</p> <p style="text-align: center;"><b>Flight</b> _____ <b>am</b> Arrive at _____</p> <p>_____ Montego Bay, Jamaica</p> <p>(1 suitcase for baggage and 1 carry on) Students are responsible for paying for additional baggage.</p> <p>Travel to Mandeville, Check in, Exchange money, Survey the surroundings. Seminar Meeting TBA: Review Procedures, policies, safety, communication while in Jamaica. Check in and tour the Golf View Hotel and the close surroundings. Preparation for practicum teaching &amp; clinical work in Mandeville.</p> |
| March 10, 2016 | <p>Overview of the schools and Health system – _____</p> <p>Travel to Schools for the Education Students and Hospitals/Health Centers for the Nursing Students. Tour worksite, attend meetings and meet the administration and other teachers/nurses.</p>  |
| March 11, 2016 | <p>Observe and Assist with Teaching/Clinicals. Nursing Students will go to Manchester Hospital and/or another Education Students will go to Manchester Primary/Middle School and/or another. Visit Northern Caribbean University (am). Visit the Education and Nursing Departments. Early social on Friday Night Welcome to Jamaica. Early dinner and preparation for trip on Saturday.</p>  |
| March 12, 2016 | <p>Leave Early - Travel to Dunn’s River Falls. On the return trip to Mandeville stop at a farm to see a Blue Mountain Farm/Plantation to see a coffee farm. In addition, if time allows, visit Banana Plantation.</p>  |
| March 13, 2016 | <p>Church Service in Jamaica _____ am</p> <p>Possible Cricket Match and/or relax and enjoy the pool</p> <p>Seminar Meeting: Preparation for schools and clinicals. (Early)</p>   |

- March 14, 2016      Very busy day: Early Breakfast  
Full day of teaching practicum and nursing clinicals. Nursing Students begin at 6:30 am and Education Students begin at 7:00 am. (1st Shift at the Schools 7-12, Stay for part of 2nd Shift) Both groups can walk to their practicum and/or clinical site. The exact time will be determined. Students take your lunches. Guest Lecturer: 6:30pm
- March 15, 2016      Observation and assist with Teaching/Clinicals in small groups  
University Professors will visit and meet with students and Cooperating Teachers/Nursing Faculty. E-mail exchanges to keep in touch. Farewell & appreciation for the experience.  
Seminar Meeting – Discussion of Days events  
Special Guests Lecturer: 6:30 pm
- March 16, 2016      Practicum Teaching. Evening guest lecturer.  
Travel to new site, possibility of May Pen and/or Mile Gully for another possible practicum opportunity  
Brief Tour of WINDELCO  
Evening Seminar Meeting:  
Special Guest Lecturer: 6:30 pm
- March 17, 2016      7:00 am to 11:00 am Visit a Class C Hospital and Mile Gully Schools and Coley Mountain School. Eat early lunch  
*P. M. Service Project in Mandeville 2:45 – 5:45. Location of the orphanage:*  
Seminar Meeting: Meet with Shepherd Faculty to discuss day.
- March 18, 2016      Prepare for trip to Negril. Early social – Farewell to Mandeville friends. On the way to Negril, possible stops at Alligator Pond, Bethlehem Moravian College, Lover's Leap, Bamboo Alley. Check into hotel at Negril.
- March 19, 2016      **Rayon Resort Hotel 876 957 9166 (Not confirmed yet)**  
Enjoy the 7 Mile White Sandy Beach in Negril  
Dinner and visit Rick's Café (Observe Divers)  
Rest and pack for return trip home.
- March 20, 2016      Enjoy Negril during the day and prepare to Fly back to BWI  
**Leave Negril**  
**Flight \_\_\_\_\_**  
**Arrive BWI**  
**Arrive in Shepherdstown by 1:00 am or before**  
Group discussion of the intellectual, social and physical development of the students they are teaching in the schools/hospitals in Jamaica at the airport.



## Academic Integrity

Each student in this course is expected to abide by the Shepherd University Academic Integrity Procedures found in the **Shepherd University Student Handbook** (<http://www.shepherd.edu/students/studenthandbook.pdf>).

## Disability Support Services

Disability Support Services at Shepherd University believes that every student should succeed, and works closely with students to meet their needs. Students requesting any disability related accommodation should contact the Disability Coordinator at 304-876-5122. This includes students with learning disabilities needing classroom accommodations, students requesting specific housing accommodations for health-related reasons, and all other disability accommodations. Accommodations need to be documented and provided to instructors. Please see <http://www.shepherd.edu/disability/dss-services> for more information.

## RAVE Alerts

Students are encouraged to sign up for “RAVE alerts” (<http://www.shepherd.edu/university/rave/>) in order to be informed of campus closures. Also, students are encouraged to check the Shepherd website for additional information (<http://www.shepherd.edu/>).

## Course Requirements

- Enrolled in STNURS 399, International Nursing
- Must wear white lab jacket with Shepherd emblem during all hospital and nursing school events; must have closed toe shoes; must wear business casual.
- Make pre-arrangements with your spring semester professors as you will miss the Friday before spring break.
- Completed or enrolled in the nursing program.
- Passport obtained.
- Personal health insurance required.
- Complete all paper work including Holds Harmless Form, Emergency Contact.
- Complete General Health History Form.
- Read at least one book, and one article on Leininger’s Theory. Book and article may be one of the above or a student selected faculty approved book/article.
- Complete all of the assignments as explained in the Syllabus.
- Attend all sessions prior to leaving, during the trip and also after returning.
- **Agree with the Safety & Policy Rules Prior to Departure (Traveling in Groups, etc.)**
- Describe the Goals & Objectives of the Course.
- **Attend a Mandatory Pre-Departure Orientation (Behavioral Responsibilities will be included in this orientation).**

<b>Evaluation:</b>	<b>Points</b>
<ul style="list-style-type: none"> <li>• Select at least one book from the recommended readings and/or Student selected (approval needed) reading. Complete a <u>book review</u> (3 pages, APA format), applying Leininger's Culture Care Model to what you have learned. Turn in prior to the trip by Monday, February 27.</li> </ul>	<b>150</b>
<ul style="list-style-type: none"> <li>• Participate in all class sessions prior to the trip, during the trip and sessions after returning. Meeting times will be announced. Each meeting will be approximately 90 minutes.</li> </ul>	<b>120</b>
<ul style="list-style-type: none"> <li>• A <u>Group Power Point Presentation</u> (3-4 to a Group) will be completed and presented to Students and Faculty Members after the return trip within three weeks. A rubric will be distributed.</li> </ul>	<b>150</b>
<ul style="list-style-type: none"> <li>• Complete a <u>Daily Log</u> of educational and cultural experiences in a journal with reflective comments. Include the following:               <ol style="list-style-type: none"> <li>1. What you learned and experienced during your International clinical Nursing experience from the pre-planning to the return trip home. This includes the three required meetings, Fund Raising Project, flight, actual trip in Jamaica and the return trip home. Include what you learned from your clinical experiences, university professors, classmates, students and self.</li> <li>2. Also, what you learned thought, felt, missed, as you experienced the Jamaican Culture. How does it compare to the Culture you are most comfortable with. Include thoughts as to how your experiences might apply to Leininger's Theory.</li> </ol> </li> </ul>	<b>150</b>
<ul style="list-style-type: none"> <li>• A <u>brief paper of the comparison</u> of schools/hospitals in Jamaica (Paired Project) In Jamaica and the School System in West Virginia. (1-2 pages). Complete in Jamaica</li> </ul>	<b>80</b>
<ul style="list-style-type: none"> <li>• Develop a health teaching plan for a group of multicultural Jamaican children.</li> </ul>	<b>160</b>
<ul style="list-style-type: none"> <li>• Class Project with a fund raising event "Jamaican Dinner". Participate in planning, marketing, actual event, and evaluation of the event.</li> </ul>	<b>150</b>
<ul style="list-style-type: none"> <li>• Analysis Group assignment: Students will discuss the intellectual, social and physical development of their patients in the observational clinicals in Jamaica. (Completed during the stay in Jamaica). Turn in one page of notes used during the discussion. This will be completed on the last day of the Jamaica trip. (3-4 to a group).</li> </ul>	<b>40</b>
<b><u>Total = 1000 points</u></b>	

**Cost:** The estimated cost of the trip is \$2500 dollars (estimated). This includes the round trip airline ticket, most meals, lodging and transportation during the Teaching/Nursing Practicum in Jamaica. Transportation to and from the airport is being provided. All profits from the fund raising events will be given to the students to help defray expenses for the trip. The total cost may vary slightly due to increase of gas and airline travel. Each student is responsible for any additional personal expenses such as for souvenirs, snacks, lunch M, T, W, passport cost, trip insurance (\$20.00 approx).

**Seminar in the ERMA ORA BYRD Building: Dates/Time to be determined**

- Observe the Safety & Study Abroad Video-DVD by Marlin Darrah: Topics; Travel ID; Health Assessment; Insurance; Inoculations; Foreign Laws; Terrorism & Crime; US State Department Information
- Shepherd University Study Abroad Pre-departure Seminar (Presented by the International Study Abroad Director, Anne Henriksson) Dr. Hicks and Dr. Mary Coyle will also provide additional information.
- Instruction will be provided for purchasing an International Student Identity Card
- Forms to be completed at one of the Seminar:
  - Student Emergency Information Page
  - International Practicum Health Information Sheet
  - International Practicum Teaching Experience Contract
  - Other forms to be determined to help with the success of the trip